

Resource list

Primary



About this list

This resource list aims to provide easy reference to a wide range of available resources and teaching materials for sex and relationships education (SRE). It includes a selection of materials produced by the Sex Education Forum together with resources produced by Forum member organisations and other organisations both not-for-profit and commercial. It is not a comprehensive list but we have prioritised resources that are up-to-date and available.

The resources have been listed under four categories; primary level, secondary level, special needs/disabilities and resources for parents & carers. Resources falling into more than one category are listed in all relevant lists. A suggested age-range is given for each resource; however the maturity of children and young people varies so this should be used as a guide only.

The Sex Education Forum advises professionals to make their own choices about which resources to use. We do not endorse the resources on this list. The questions in the box below can help to choose and use a resource that will contribute to good quality sex and relationships education.

Choosing a resource

- Is the resource consistent with the values set out in the school or college SRE policy?
- Is it factually correct and up-to-date?
- Does it encourage active and participatory learning?
- Is the resource contemporary in terms of the realities of young people's lives?
- Does the resource portray positive images of a range of young people?
- Does the resource show positive role models for young men and young women – and avoid stereotypes relating to gender and sexual orientation?
- Is the resource inclusive on the basis of home and family circumstance, gender, sexual orientation, race, faith, culture and disability?
- Is it appropriate for the age, ability and maturity of the young people?
- Have resources been evaluated by young people and feedback acted upon?
- Have parents and carers been consulted about resources?
- Are teachers / tutors confident about using the resource?

Using a resource

- Will the resource be used in its entirety or will it be more appropriate to adapt it or select from it?
- Does use of the resource fit into a planned and developmental programme of SRE?
- Is there a range of types of resource being used across the SRE programme including a variety of formats such as video, audio, visual, games, and models?

Obtaining resources

Most of the resources on the list are **not** available from the Sex Education Forum. Links to web-sites and publisher information are given. You may be able to view and borrow these resources from your local health promotion or local authority advisory service library.

Lists are also available for primary level, secondary level, special needs/disabilities and resources for parents & carers.

We welcome suggestions for new resources to add to the list. Please email sexedforum@ncb.org.uk

The list

4You Snappers

FPA (2009)

A folded paper quiz game which can be used on its own or with the FPA 4You booklet.

Suitable for: Key Stage 2

Format: Game

Cost: £5.95 for 50

Available from: www.fpa.org.uk

4You: growing up – what’s it all about?

FPA (2009)

Cartoon booklet with information on puberty and growing up, male and female body changes, periods, wet dreams, feelings, keeping safe, and sources of further information and advice.

Suitable for: 9 years and above

Format: leaflet

Cost: £12.50 for 50 copies

Available from: www.fpa.org.uk/Shop/

A good practice guide to developing SRE in primary schools

Birmingham Health Education Unit (2006)

Provides a step-by-step guide to support schools in developing an SRE policy and scheme of work based on consulting with pupils, parents and staff. This enables the school to have a clear understanding of the needs of the children they are working with and can be used to ensure that the SRE is appropriate and child led.

Suitable for: Primary

Format: Book

Cost: £12.50

Available from: www.birmingham.gov.uk/pshe-publications

A whole primary school curriculum for sex and relationship education

Cambridge Education @ Islington (2006)

Includes detailed teaching lesson plans and teaching materials for years 2, 4/5 and 5/6, and an interim resource booklet for years 3/4.

Suitable for: Primary

Format: Booklets or CD Rom

Cost: £75/£85

Available from: <http://islington.camb-ed.com/LinkClick.aspx?fileticket=HAM9g5QcaPY%3D&tabid=725>

Active learning

Me-and-Us (2007) Myra Anderson and Stephen De Silva

Active Learning is part of a series of cross-curricular themed activity books for PSHE-related subjects. Each book contains guidance and a range of activities suitable for use in schools and other settings. All the activities encourage active learning and discussion. This book explains what active learning is; gives some methods and ideas for creating a safe environment in which active learning can take place; discusses ways of identifying the needs of young people; talks about the methodologies behind the active learning process; and gives ideas for review and reflection and guidance on how to evaluate and assess PSHE.

Suitable for: 7-16 years

Format: Activity book

Cost: £12

Available from: www.me-and-us.co.uk/psheskills

All about life: sex and relationship education in primary school

Rapport Group (2004) De Meza, L & De Silva, S

Contains SRE lesson plans for the Foundation year to Year 6. Provides an outline of national guidance on SRE and the policy context and legal position regarding teaching SRE. Includes a section on dealing with specific and sensitive issues. Also includes a set of photocopiable work sheets for children to use in their lessons.

Suitable for: Primary

Format: Teaching pack

Cost: £14.99

Available from: www.amazon.co.uk/All-About-Life-Relationship-Education/dp/1899527222

All Change Boys! And Girls!

Centre for HIV & Sexual Health (2004)

Two booklets for years 5 to 8, one for boys and one for girls, looking at issues around puberty.

Suitable for: 9 to 13 years

Format: Booklets

Cost: £15 per 50

Available from: www.sexualhealthsheffield.nhs.uk/publications/4-1.php

Beliefs, values and attitudes

Me-and-Us (2009) Myra Anderson and Stephen De Silva

Beliefs, Values and Attitudes is part of a series of cross-curricular themed activity books for PSHE-related subjects. Each book contains guidance and a range of activities suitable for use in schools and other settings. All the activities encourage active learning and discussion. This book contains 15 lesson activities under the topic headings of:

1. What the words 'Beliefs, Values and Attitudes' mean
2. Personal and Social Issues
3. Difference and Diversity

Suitable for: 7-16 years

Format: Activity book

Cost: £12

Available from: www.me-and-us.co.uk/psheskills

Bill's New Frock

Egmont Books (2002) Fine, A

Bill Simpson wakes up to find he's a girl, and worse, his mother makes him wear a frilly pink dress to school. How on earth is he going to survive a whole day like this? Everything just seems to be different for girls...

Suitable for: Primary

Format: Book

Cost: £4.99 + £1.80 P&P

Available from: www.egmont.co.uk

Birth, care and growth

BBC (2006)

These three programmes for pupils aged 5-7 go beyond the biology of birth and growth to look at what it means and how it feels to 'grow up'. They explore the physical changes that accompany birth and growth, along with the caring and nurturing roles of parents and siblings. Programmes on the DVD include Animals, Our Babies and Caring and Growing. The Plus Pack also contains a Teacher's Activity book and three colourful A2 posters.

Suitable for: 5-7 years

Format: DVD

Cost: £52.19 (+VAT)

Available from: <https://www.bbcactive.com/schoolshop/>

Body image

Me-and-Us (2007) Lesley de Meza and Liz Swinden

Body Image is part of a series of cross-curricular themed activity books for PSHE-related subjects. Each book contains guidance and a range of activities suitable for use in schools and other settings. All the activities encourage active learning and discussion. This book contains 18 lesson activities under the topic headings of:

1. Body Image and Self-Esteem
2. Me and My Body
3. Body Image and Fashion
4. Body Image and the Media
5. Food, Dieting and the Diet Industry
6. Responsibility, Influence and Action
(three activities per topic)

Suitable for: 7-16 years

Format: Activity book

Cost: £12

Available from: www.me-and-us.co.uk/psheskills

Boys and Girls

Birmingham Health Education Unit (2006)

Using clear language and cartoons, this book explains the myths about gender stereotypes and provides an introduction to understanding the differences between boys' and girls' bodies. Comes in large and small formats – large book includes teachers notes and national curriculum links.

Suitable for: Early Years & Key Stage 1

Format: Book

Cost: £14.99 (big book), £4.99 (small book)

Available from: www.birmingham.gov.uk/pshe-publications

Decision-making and communication

Me-and-Us (2008) Hilary Dixon and Jane Groves

Decision-Making and Communication is part of a series of cross-curricular themed activity books for PSHE-related subjects. Each book contains guidance and a range of activities suitable for use in schools and other settings. All the activities encourage active learning and discussion. This book contains 16 lesson activities under the topic headings of:

1. Listening Skills
2. Decision-Making
3. Asserting Myself
4. Helping Others

Suitable for: 7-16 years

Format: Activity book

Cost: £12

Available from: www.me-and-us.co.uk/psheskills

Dr Xargle's Book of Earthlets

Andersen Press (2001) Willis, J and Ross, T

Dr Xargle, our friendly alien teacher, begins to teach his class about humans and babies.

Suitable for: Primary

Format: Book

Cost: £5.99 + £2.75 P&P

Available from: www.rbooks.co.uk

Effective learning methods: approaches to teaching about sex and relationships within PSHE and Citizenship

SEF (2005) Martinez, A

Covers planning and delivery of SRE in schools.

Suitable for: Primary and secondary

Format: factsheet

Cost: Free (download)

Available from: www.ncb.org.uk/sef/resources/planning_and_delivering_sre.aspx

Family, friends and relationships

Me-and-Us (2007) Myra Anderson and Jean Gawlinski

Family, Friends and Relationships is part of a series of cross-curricular themed activity books for PSHE-related subjects. Each book contains guidance and a range of activities suitable for use in schools and other settings. All the activities encourage active learning and discussion. This book contains 17 lesson activities under the topic headings of:

1. Relationships
2. Parents, Families and Children
3. Friendships
4. Sexual Relationships

Suitable for: 7-16 years

Format: Activity book

Cost: £12

Available from: www.me-and-us.co.uk/psheskills

Flour babies

Puffin (1994) Fine, A

When the annual school science fair comes round, Mr Cartright's class don't get to work on the Soap Factory, the Maggot Farm or the Exploding Custard Tins. To their intense disgust they get the Flour Babies - sweet little six-pound bags of flour that must be cared for at all times.

Suitable for: KS2

Format: Book

Cost: £6.99

Available from: www.puffin.co.uk

Growing up 4You mini quiz book

FPA (2009)

A pocket-sized book packed with games to help reinforce learning from the FPA 4You booklet.

Suitable for: Key Stage 2

Format: A4 that folds down to pocket size quiz book

Cost: £5.95 per 50 copies

Available from: www.fpa.org.uk

Growing up and Keeping Safe for KS2

NCB (2009) SENSE Interactive

Growing Up and Keeping Safe for Key Stage 2 is designed to support the development of effective work to promote children's emotional and social development, as well as provide specific information on different health issues.

Suitable for: Key Stage 2

Format: CD

Cost: £120.00 / NCB Members £86.40 + £7 P&P

Available from: www.ncb.org.uk

Hair in funny places

Jonathan Cape (2001) Cole, B

Picture book dealing with puberty, using humour.

Suitable for: 7-9 years

Format: Book

Cost: £5.99

Available from: www.randomhouse.co.uk/

HIV and AIDS and contraception - lesson plans and resources for Year 6

Islington Healthy Schools/Cambridge Education (2011)

A resource booklet containing two lesson plans about HIV and AIDS and one lesson plan on contraception. This resource has been developed in consultation with teachers and pupils in Islington and explores these topics at a level appropriate for primary pupils.

Suitable for: Year 6

Format: Printed booklet

Cost: £15 incl. p+p

Available from: www.camb-ed.com

How are babies made?

Usborne (2000) Smith, A

Find out how a baby grows inside its mother – with the help of fantastic fold-out flaps. Bold cartoon-style illustrations show where a baby comes from, how long it takes to grow and what a newborn baby does, and flaps reveal hidden processes and amazing facts.

Suitable for: KS1

Format: Book

Cost: £4.99 + £3.50 P&P

Available from: www.usborne.com

Key aspects of quality SRE in primary schools

Birmingham Health Education Unit (2006)

Provides a reference manual for primary schools and aims to help them develop and improve the delivery of SRE. Contains factual information and activities that can be used with pupils, staff, governors and parents. Considers the legal issues, assessment of SRE teaching, the role of governors and Ofsted requirements.

Suitable for: Primary

Format: Book

Cost: £12.50

Available from: www.birmingham.gov.uk/pshe-publications

Laying the foundations: sex and relationships education in primary schools

SEF (2006) Martinez, A & Cooper, V

This resource will support schools in developing SRE policy and practice and includes sample lesson plans and how to deliver specific topics.

Suitable for: Primary

Format: Teaching pack

Cost: £22.00

Available from: <http://www.ncb.org.uk/resources/publications.aspx>

Let's grow with Nisha and Joe

FPA (2009)

In this comic, Nisha, Joe and their dog introduce 6–7 year olds to the concepts of growth and change. It also helps children explore their relationships with friends and family. Includes teachers' guidance notes.

Suitable for: 6 to 7 years

Format: A4 booklet

Cost: £15 per 50 copies

Available from: www.fpa.org.uk

Let's talk about sex: growing up, changing bodies, sex and sexual health

Walker Books (2005) Harris, R

This book gives biological and psychological facts about sex, covering puberty, conception, birth control, HIV/AIDS, as well as the body, families and babies, and sexual health. The book is illustrated throughout with accurate cartoons.

Suitable for: 10 years and above

Format: Book

Cost: £9.99

Available from: www.walker.co.uk/Lets-Talk-About-Sex-9781844281749.aspx

Let's talk about where babies come from

Walker Books (2004) Harris, R

Covers babies, reproduction, bodies, chromosomes, genes, growing up, love, and health. Information is imparted simply and with humorous commentary from an inquisitive bird and a squeamish bee and full-colour cartoon-strip illustrations.

Suitable for: 7 years and above

Format: Book

Cost: £9.99

Available from: www.walker.co.uk/Lets-Talk-About-Where-Babies-Come-From-9781844281732.aspx

Living and growing

Channel 4 (2006)

Three units covering ages 5-7, 7-9 & 9-11. The DVD aims to provide a whole school approach to sex and relationships education. This includes reproduction and sexual health in the context of relationships, personal self esteem, valuing diversity and choice. It addresses the topics of life cycles, puberty, friendships and sexual relationships, pregnancy and birth.

Suitable for: Primary

Format: DVD

Cost: £65.00

Available from: www.4learningshop.co.uk/C4Shop/

Looking ahead

Brook (2009)

A reversible (boys on one side girls on the other), fold out, picture-led design. This leaflet folds out into an A3 poster. It helps children to know what changes to expect physically and emotionally during puberty, both in themselves and the opposite sex.

Suitable for: 9-11 years

Format: Leaflet that folds out into a poster

Cost: £17.50 per 50

Available from: www.brook.org.uk

Molly's Family

Farrar Straus Giroux (2007) Garden, N

When Molly draws a picture of her family for her kindergarten class, Tommy jeers at her that no one has two mummies. At first she is angry and hurt, but with the support of her teacher and her loving parents–Mommy (her birth mother) and Mama Lu (her adoptive mother)–she comes to accept her family. What helps her most is seeing many different kinds of families.

Suitable for: KS1

Format: Book

Cost: £14.99

Available from: www.letterboxlibrary.com

Mummy laid an egg!

Red Fox (2000) Cole, B

Picture book using humour and story to explain how babies are made.

Suitable for: 5-7 years

Format: Book

Cost: £5.99

Available from: www.randomhouse.co.uk/

Mummy never told me

Red Fox (2003) Cole, B

Described as a witty exploration of taboos this book looks at some of life's 'mysteries' from a child's point of view.

Suitable for: KS1 & KS2

Format: Book

Cost: £6.99 + £2.75 P&P

Available from: www.rbooks.co.uk

Parenthood education guidance for schools

Parenting UK (2002) Parenting Education & Support Forum

Covers all aspects of parenthood education in schools. Includes sample lesson plans, charts showing how parenthood education fits into Key Stages 1-4 and maps onto the PSHE and Citizenship curriculum, and lists of recommended materials.

Suitable for: All ages

Format: Guidance document

Cost: Free to download

Available from: <http://www.parentinguk.org/3/schools-and-PSHE>

Periods: what you need to know

FPA (2008)

This book uses straightforward text and simple images to answer the most common questions girls have about periods. The audience is young people aged 9 and above. It is for use by teachers and other sexual health professionals.

Suitable for: 9 years and above

Format: Leaflet

Cost: £12.50 per 50 copies

Available from: www.fpa.org.uk

Personal hygiene and puberty CD

Community Practitioners and Health Visitors Association (2003)

A useful resource pack for school nurses and others working with children at Key stage 2.

Suitable for: Key Stage 2

Format: CD

Cost: £1.00

Available from: <http://www.cairnsbookshop.co.uk/index.php?app=gbu0&ns=prodshow&ref=CPHVA-0036>

Risk-taking

Me-and-Us (2008) Lesley de Meza and Paul Law

Risk-Taking is part of a series of cross-curricular themed activity books for PSHE-related subjects. Each book contains guidance and a range of activities suitable for use in schools and other settings. All the activities encourage active learning and discussion. This book contains 15 lesson activities under the topic headings of:

1. Exploring Risk
2. Weighing up Risk
3. Making my Own Decisions

Suitable for: 7-16 years

Format: Activity book

Cost: £12

Available from: www.me-and-us.co.uk/psheskills

Sense: Growing up and keeping safe; Key Stage 1

Sense CDs (2009)

Interactive CD Rom developed for teachers and parents to use as a tool in SRE, suitable for key stage 1.

Suitable for: Key Stage 1

Format: CD-Rom

Cost: £120 (with school licence - single user licence £11.99)

Available from: www.sensecds.com/ColesMcConnell_SENSE/sensehome.htm

Sense: Growing up and keeping safe; Key Stage 2

Sense CDs (2006)

Interactive CD Rom developed for teachers and parents to use as a tool in SRE, suitable for key stage 2.

Suitable for: Key Stage 2

Format: CD-Rom

Cost: £120 (with school licence - single user licence £11.99)

Available from: www.sensecds.com/ColesMcConnell_SENSE/sensehome.htm

Sex & relationship education: whiteboard active

BBC (2008)

Aimed at 9-11 year olds, this resource uses BBC video along with audio clips, discussion prompts and interactivity, to help children understand the physical and emotional aspects of growing up. Designed for use on an interactive white board the resource is arranged around the following themes: cycle of life; growing up; feelings; family life; friendships. A comprehensive teacher's book gives guidance for teachers about how best to use the resource to support SRE teaching.

Suitable for: 9 - 11 years

Format: DVD

Cost: £99 (+VAT)

Available from: <https://www.bbcactive.com/schoolshop/>

Sex and relationships education for ages 7-9: the no nonsense guide to sex education in primary schools

A&C Black (2009) Potter, M

This book contains photocopiable lesson plans and activities as well as support materials for teachers. The support materials provide guidance on developing a school SRE policy as well as suggesting ways of supporting and involving parents. The accompanying CD-ROM allows schools to customise the activities to suit their particular setting.

Suitable for: Primary

Format: Book

Cost: £19.99

Available from: <http://www.acblack.com/>

Sex and relationships education for ages 9-11: the no nonsense guide to sex education in primary schools

A&C Black (2009) Potter, M

This book contains photocopiable lesson plans and activities as well as support materials for teachers. The support materials provide guidance on developing a school SRE policy as well as suggesting ways of supporting and involving parents. The accompanying CD-ROM allows schools to customise the activities to suit their particular setting.

Suitable for: Primary

Format: Book

Cost: £19.99

Available from: <http://www.acblack.com/>

Sex and relationship education, healthy lifestyles and financial capability

QCDA (2005)

These materials include a teacher's handbook and 12 units of work on sex and relationship education, healthy lifestyles and financial capability. The units of work illustrate a range of flexible teaching and learning activities, as well as further on delivering the PSHE curriculum in general. The guidance is not a scheme of work, but it can be used as part of a wider programme of training and support or to enhance a school's existing scheme of work for PSHE.

Suitable for: Key Stages 1-4

Format: Teaching resource

Cost: £10.00

Available from: <http://orderline.qcda.gov.uk/bookstore.asp?Action=Book&ProductID=9781858388076>

Some of Your Bits Ain't Nice

Health Education Council (1994)

Personal hygiene video.

Suitable for: Primary

Format: Video

Cost: £30 plus P+P and VAT

Available from: Concord Video and Film Council on 01473 726012

Spacegirl Pukes

Onlywomen Press (2005) Watson, K

When nausea grips intrepid Spacegirl on the day of a mission to the stars she is lucky to have two mummies to help her out, but soon – yes – everyone is going “Bleurgh!” Will there be enough buckets? Will Spacegirl ever reach the stars?

Suitable for: KS1 & KS2

Format: Book

Cost: £5.99

Available from: www.letterboxlibrary.com

SRE core curriculum for London

Government Office for London (2009) Power, P & Procter, T

Consistent programme of study from Foundation stage to Key Stage 4. Includes schemes of work, links to lesson plans, suggestions for assessment and monitoring of SRE, case studies and an overview of legislation and guidance.

Suitable for: Key Stages 1-4

Format: Teaching resource

Cost: Free to download

Available from: <http://www.younglondonmatters.org/resourcecentre/18/sexandrelationshipseducationsre>

Teaching and Learning about HIV

NCB (2003) Blake, S & Power, P

Resource for teachers in primary, secondary and special schools, including activities for young people with learning disabilities and ideas for addressing HIV across the curriculum.

Suitable for: Key Stages 1-4

Format: Teaching resource

Cost: £22

Available from: www.ncb.org.uk/resources/publications

Teaching SRE with confidence in primary schools

Christopher Winter Project (2009)

Comprehensive and inclusive resource for teachers and others working in a primary school setting. The CD ROM provides a spiral curriculum for sex and relationships education, and schemes of work and lesson plans using a range of teaching approaches and materials.

Suitable for: Primary

Format: CD ROM

Cost: £99 (+VAT)

Available from: www.tcwp.co.uk

The Family Book

Little Brown and Co (2010) Parr, T

The Family Book celebrates the love we feel for our families and all the different varieties they come in. Whether you have two mothers or two dads, a big family or a small family, a clean family or a messy one, Todd Parr assures readers that no matter what kind of family you have, every family is special in its own unique way.

Suitable for: KS1

Format: Book

Cost: £4.99

Available from: Call 0800 759 0190 to order

The primary school Guide to Growing Up, Relationships and Sex

Life Support Productions (2012)

A sex education/PSHE DVD tailored to the needs of primary aged children. Divided into 5 main topics, each subject area has a menu featuring a series of video sequences that illustrate the essential 'facts of life' in an informative and stimulating way.

Suitable for: Primary

Format: DVD

Cost: £49.99

Available from: www.lifesupportproductions.co.uk

The primary school sex education pack: a whole school approach to sex education

Healthwise/HIT (2005) Cohen, J

Comprehensive sex education pack including: staff training workshops; curriculum guidance and planning; pupil activities for KS1 and KS2; guidance on managing pastoral incidents; working with parents and governors workshop materials; and policy guidance.

Suitable for: Primary

Format: Teaching pack

Cost: £65 (discounts on orders of more than four copies)

Available from: www.hit.org.uk

The Rollercoaster

Rotherham Healthy Schools Team (2003)

Rollercoaster addresses the issues of puberty. Rollercoaster is designed to explain some of the basic physical and biological changes of puberty in an interesting and fun way, in addition to enabling facilitators to explore some of the emotional aspects and changes that may accompany puberty. It is important for children and young people to develop skills and attitudes in addition to gaining information. Rollercoaster comprises 6 games, 3 of which are electronic for use on the interactive whiteboard and 3 of which are card based activities. It is a developmental resource and the suggested order is as follows:-

1. The name game (card sort)
2. Changes exercise (group activity)
3. The Growing up game (electronic game)
4. Monthly match game (electronic game)
5. Puberty true or false (electronic game)
6. The problem with young people (cards to initiate discussion)

Suitable for: KS2, Special Schools and lower KS3

Format: 6 games, 3 of which are electronic for use on the interactive whiteboard and 3 of which are card based activities

Cost: £49 + £5 P&P

Available from: healthyschools@rotherham.gov.uk

Towards Personal, Social and Health Education - Key Stage 1

Community Practitioners and Health Visitors Association (2003)

This pack for school nurses provides basic user-friendly activities and tips for use in the classroom with activity pages that can be photocopied covering oral and hand hygiene; healthy eating; drugs education, and sex and relationships education.

Suitable for: Key Stage 1

Format: Teaching pack

Cost: £8.00

Available from: <http://www.cairnsbookshop.co.uk/index.php?app=gbu0&ns=prodshow&ref=CPHVA-0040>

Towards Personal, Social and Health Education - Key Stage 2

Community Practitioners and Health Visitors Association (2003)

The second in the series for school nurses looks at teaching children how to maintain their physical and emotional health, and how this can help prevent unnecessary deaths and illnesses such as those caused by smoking or substance abuse.

Suitable for: Key Stage 2

Format: Teaching pack

Cost: £8.00

Available from: <http://www.cairnsbookshop.co.uk/index.php?app=gbu0&ns=prodshow&ref=CPHVA-0039>

'We want to know what's happening to us.....' A consideration of the issues and approaches to sex and relationship education and primary schools

Birmingham Health Education Unit (2003)

Draws on teachers experiences in delivering sex and relationships education and includes classroom lessons, evaluations of the lessons and examples of pupil's work.

Suitable for: All primary stages

Format: Book

Cost: £16.50

Available from: www.birmingham.gov.uk/pshe-publications

What's inside your tummy, Mummy?

Red Fox (2007) Cocovini, A

This book introduces young children to the concept of where babies come from and how they grow. Large drawings show month by month how big the baby is and how far along a timeline the baby has moved. The final spread uses a giant fold down flap to reveal the fully grown baby ready to be born and greet the world.

Suitable for: Primary

Format: Book

Cost: £6.99

Available from: www.randomhouse.co.uk/

Where willy went

Red Fox (2007) Allan, B

Picture book about Willy, one of 300 million sperm living in Mr Browne, and the race he embarks on.

Suitable for: 5 to 7

Format: Book

Cost: £5.99

Available from: www.randomhouse.co.uk/

Whole school primary curriculum for sex and relationship education

Islington Healthy Schools/Cambridge Education (2011)

A flexible programme of study that schools can adapt to suit their individual needs, developed with teachers and pupils, this resource includes detailed lesson plans, interactive teaching materials, a glossary to help give children clear and simple answers plus guidance on teaching and learning, assessment and evaluation. The resource also includes lesson plans and resources for Year 6 on HIV and AIDS and contraception.

Suitable for: 5-11 year olds

Format: Interactive CD

Cost: £90 incl. p+p

Available from: www.camb-ed.com

Yellow Back Book - The Sneetches and Other Stories

Collins (2003) Dr Seuss

The Star-Bellied Sneetches have bellies with Stars, but the Plain-Bellied Sneetches have none upon thars! Rivalries rocket when Sylvester McMonkey McBean steps in to prey on their prejudices, but in the end we realise that prejudice is nothing more than a ridiculous waste of time.

Suitable for: Primary

Format: Book

Cost: £4.99 + £2.95 P&P

Available from: www.collinseducation.com

Your Mummy ate my football

Birmingham Health Education Unit (2007)

This book explains how babies are made and how they need to be cared for once they are born. Comes in large and small formats – large book includes teachers notes and national curriculum links.

Suitable for: Foundation & Key Stage 1

Format: Book

Cost: £5.99

Available from: www.randomhouse.co.uk/

Events Calendar; *to support you in planning seasonal sex and relationships related events and activities*

- LGBT History Month – February
- International Day against Female Genital Mutilation – February 6th
- International Day against Homophobia and Transphobia – May 17th
- Men's Health Week – 2nd full week of June
- World Population Day – July 11th
- FPA Sexual Health Week – 2nd full week of September
- World Contraception Day – September 26th
- Parent's Week – 3rd full week of October
- International Day for the Elimination of Violence against Women – November 25th
- World AIDS Day – December 1st
- Human Rights Day – December 10th

This resource list was published April 2012

For more information contact

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Sex Education Forum

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The Sex Education Forum is hosted by NCB.

President: Baroness Shireen Ritchie

Chief Executive: Hilary Emery

Registered charity No. 258825. Registered in England and Wales No. 952717

Registered office: 8 Wakley Street, London, EC1V 7QE. A Company Limited by Guarantee.

